

COVID-19 Los Angeles Mass Resource List (non-editable)

Covid19 Los Angeles Community Resources

This document was created by people who are committed to our community's health :-). As long as it is done to help others, you are welcome to add resources or copy them. Please e-mail theebighonk@gmail.com if you see any inaccurate info or if you'd like to add something.

Translations: Español |

**** All restaurants (sit-in), gym, fitness studios, theaters, and bars closed starting MONDAY, MARCH 16 at midnight** (Read more here)**

Populations

Categories under this heading include: food*, housing, health, transportation, and education and are separated into three general categories: children and youth, adults, and the elderly.

* Food for all:

- For the closest food pantry/bank to you, visit: [Los Angeles Food Bank Pantry Locator](#)
- Every table is offering meals to EVERYONE. Food distribution for seniors who need food brought to their homes. Food is available for students. Food distribution centers that can distribute food to a group of people. If you need 10-10,000 meals, reach out to Everytable at (323) 458 - 6487. For more info, [click here!](#)

Children and Youth (0-17)

- Food: LAUSD is opening 60 sites providing two grab-and-go meals for students and families beginning on Wednesday, March 18th from 7 am to 10 am (For more information, [click here!](#))
- Food: Free breakfast (8 am-10 am) provided by Eastside Riders for a student in Watts community starting Monday, March 16, 2020, and ending Friday, March 20, 2020 (For more info, [click here!](#))
- Food: Free breakfast (730-930am), lunch (1130-130pm), and dinner (430-630) for all LAUSD students starting Monday, March 16, 2020, from 7:30 am to 6:30 pm at 2301 Bellevue Ave., Los Angeles 90026 (For more information, [click here!](#))
- Food: Beginning Monday, March 16th, Hugo's kid's menu will be free for guests 12 and under throughout the LAUSD closure. (For more information, [click here!](#))
- Food: Los Angelitos Bakery offering 1 free bread to each child, aged 5-13 years old, Monday-Friday from 12 pm-2 pm (For more information, [click here!](#))

- Food: Starting Monday, March 16, 2020, the city of Lynwood is offering supper meals for kids ages 1-18 (For more information, click here!)
- Education: Free access to Spectrum Broadband and Wi-Fi For 60 Days For New K-12 and College Student Households (For more information, click here!)
- Education: Free access to L'il Libros worksheets for kids (For more information, click here!)
- Education: Starting Monday, March 16, students in Pre-K through 12th grade will have the opportunity to access free, educational PBS daytime programming designated for each grade level weekdays (For more information, click here!)
- Food: Free Breakfast Burritos for children ages 6-12 years old. Pick up Monday-Friday 7 am-8 am
- Toast: 11119 first ave Los Angeles ca
- The Benediction: 17501 Colima Road, City of Industry
- The Dylan: 190 S. State College Blvd, Brea · Education: FB Group for parents to get support with home learning
- Food: Starting Monday, March 16, 2020, kids 12 and under can eat for free at El Torito Restaurants (For more information, click here!)
- Education: MIND Research Institute is offering no-cost access to a free math instructional program for students in grades K-8 (For more information, click here!)
- Education: Scholastic offers free, online learning experiences for kids of all ages (For more information, click here!)

Adults (18-64)

- Housing: STUDENTS/ FOSTER YOUTH
- If you are or know of a foster youth that is staying at a college dorm room that is going to be closed due to the coronavirus, please email info@togetherwerise.org and they will provide or help you find housing during this transition.
- Housing: The Los Angeles Tenants Union is providing support around evictions. Find your local union at <https://latenantsunion.org/en/locals/>
- Food/housing: HOMELESS/LOW-INCOME INDIVIDUALS AND FAMILY

· St. Francis Center provides meal services, clothing closets, showers/bathroom services, and rental and utility assistance programs (over the phone) for homeless and low-income individuals in Los Angeles (For more information, click here!)

Elderly (65+)

Food

· Elderly Meal Program Map ·

<https://www.google.com/maps/d/viewer?mid=1paBMfsRqsS4r9Px4xiOGYCfxA4-J9y2E&ll=34.029728592186366%2C-118.13568714999201&z=10>

· Gloria Molina YWCA food distribution

· 7515 Pacific Blvd, Walnut Park, CA 90255

· (213) 516-3575

· Starting Wednesday, March 18th

· Community and Senior Centers Senior Lunch Programs ·

https://wdacs.lacounty.gov/wp-content/uploads/2020/03/CentersUpdate_SeniorLunches_3.13.20.pdf

· Senior Shopping Hour at Grocery Outlet in Altadena (located at 2270 Lake Ave., Altadena, CA 91001) offers a shopping slot exclusively for the elderly from 7 am to 8 am every day starting on Thursday, March 17. (For more information, click here!)

· FYI: Effective Monday, March 16th, LA County Department of Parks and Recreation will cancel programs and gatherings larger than 10 people.

Undocumented Community

· Resource guide created by California Immigrant Youth Justice Alliance available at

<https://cijja.org/covid19/>

Employment

Employment Issues · Please visit https://www.edd.ca.gov/about_edd/coronavirus-2019.htm for BENEFITS FOR WORKERS IMPACTED BY COVID-19 and also check out the EDD's Frequently Asked Questions: https://edd.ca.gov/about_edd/coronavirus-2019/faqs.htm · For a run-down of labor laws in California, please visit:

<https://www.latimes.com/business/story/2020-03-12/coronavirus-labor-law-know-your-rights-california-worker>

Paid Family Leave

****Paid family leave is available for those who stay home because they need to take care of someone who has contracted the virus (Covid-19) or who has been quarantined (must be certified by a medical professional). Learn how to file a Paid Family Leave Claim [HERE](#).**

Disability Benefits/Paid Sick Leave

****Disability benefits /paid sick leave are available for those who have contracted the virus themselves or who have been exposed to it and are quarantined (must be certified by a medical professional in the case of Disability Benefits). Learn how to file a Disability Insurance Claim [HERE](#).**

Unemployment Benefits

****Unemployment benefits are available to those whose hours have been reduced or who have lost their job due to coronavirus measures (and it also applies to those who choose to stay home due to underlying health issues making them more vulnerable). The Governor has waived the 1 week wait time and the person may not be required to be actively looking for work (as is usually required). Learn how to file an Unemployment Insurance Claim [HERE](#).**

· Unfortunately though, this benefit is not available to undocumented persons whose hours are reduced or lose their job for reasons related to COVID-19, etc.

· **SCHOOL CLOSURES:** If your child's school is closed and you have to miss work to care for them. You might qualify for Unemployment Insurance benefits. Learn how to file an Unemployment Insurance Claim [HERE](#).

Worker's Compensation

****Workers comp is available for those who are unable to do their usual job because they were exposed to and contracted Covid-19 while in the regular course of their job (i.e. healthcare workers)**

Tax Assistance Directly from the Employment Development Department: "Employers experiencing hardship as a result of COVID-19 may request up to a 60-day extension of time from the EDD to file their state payroll reports and/or deposit state payroll taxes without penalty or interest. A written request for an extension must be received within 60 days from the original delinquent date of the payment or return.

For questions, employers may call the EDD Taxpayer Assistance Center.

· Toll-free from the U.S. or Canada: 1-888-745-3886

· Hearing impaired (TTY): 1-800-547-9565

· Outside the U.S. or Canada: 1-916-464-3502” (For more information, click here!)

Resources Based on Type of Employment · For resources for freelance artists, click here! · For resources for bartenders, click here!

Service Planning Areas

Categories under this heading include: food, housing, health, transportation, and education and are separated into 8 Service Planning Areas

Service Planning Area 1: Antelope Valley (includes Acton, Agua Dulce, Gorman, Lake Hughes, Lake Los Angeles, Lancaster, Littlerock, Palmdale, Quartz Hill, and others.)

· Food

· Grace Resource Center, Inc.

· 45134 N. Sierra Hwy, Lancaster, CA. 93534

· Phone: 661-940-5272

· Shekinah Worship Center

· 42640 10th Street West, Lancaster, CA. 93534

· Phone: 661-940-8378

· Salvation Army – Lancaster Corp

· 44517 Sierra Highway, Lancaster, CA. 93534

· Phone: 661-940-8378

· Palmdale Community Foundation-S.A.V.E.S.

· 1012 East Avenue Q-12, Palmdale, CA. 93550

· Phone: 661-267-5191

· SA-Mountain View Mobile Home Park

· 3255 E. Avenue R., Palmdale, CA. 93550

· Main Office in the Mobile Home Park

· Phone: 661-947-4700

- Twin Lakes Community Church
- 17213 Lake Los Angeles, Los Angeles, CA. 93591
- Phone: 661-264-1215

Service Planning Area 2: San Fernando Valley (includes Burbank, Calabasas, Canoga Park, Canyon Country, Encino, Glendale, LA Cañada-Flintridge, San Fernando, Sherman Oaks, Sun Valley, Van Nuys, Woodland Hills, and others.)

- Food
- SOVA – Community Food and Resource Program
- 16439 Vanowen Street, Van Nuys, CA. 91406
- Phone: 818-988-7682
- House of Light Church Corporation
- 19359 Londelius Street, Northridge, CA. 91324
- Phone: 818-988-2931
- Congregational Church of Chatsworth
- 20440 Lassen Street, Chatsworth, CA. 91311
- Phone: 818-882-2474
- Burbank – Temporary Aid Center- B-TAC
- 1304 West Burbank Boulevard, Burbank, CA. 91506
- Phone: 818-848-2822
- Loaves & Fishes-Glendale
- 4322 San Fernando Road, Glendale, CA. 91204
- Phone: 818-409-3080

Service Planning Area 3: San Gabriel Valley (includes Alhambra, Altadena, Arcadia, Azusa, Baldwin Park, Claremont, Covina, Diamond Bar, Duarte, El Monte, Glendora, Irwindale, Monrovia, Monterey Park, Pasadena, Pomona, San Dimas, San Gabriel, San Marino, Temple City, Walnut, West Covina, and others.)

· Food

· NOT FREE: Senior Shopping Hour at Grocery Outlet in Altadena (located at 2270 Lake Ave., Altadena, CA 91001) offers a shopping slot exclusively for the elderly from 7am to 8am every day starting on Thursday, March 17. (For more information, [click here!](#))

· Foothill Unity Center

· 191 North Oak Avenue, Pasadena, CA. 91107

· Phone: 626-584-7420 / FAX: 626-584-7422

· Friends In Deed Food Pantry

· 444 East Washington Boulevard, Pasadena, CA. 91104

· Pantry Phone: 626-797-6072, email- pantry@ecpac.net

· Agency Phone: 626-797-2402, Fax: 626-797-7353

· Foothill Unity Center – Monrovia

· 415 West Chestnut Avenue, Monrovia, CA. 91016

· Phone: 626-358-3486

· Fax: 358-8224

· El Monte and South El Monte

· El Monte Emergency Resources – Food Bank

· 10900 Mulhall Street, El Monte, CA. 91731

· Phone: 626-444-7269

· Salvation Army Food Bank – Pomona

· 490 East LaVerne Avenue, Pomona, CA. 91767

· Phone: 909- 623-1579 x201

Service Planning Area 4: Metro (includes Boyle Heights, Central City, Downtown LA, Echo Park, El Sereno, Hollywood, Mid-City Wilshire, Monterey Hills, Mount Washington, Silverlake, West Hollywood, and Westlake.)

- Food/housing
- St. Francis Center
- 1835 South Hope Street, Los Angeles CA 90015
- Phone: 213-747-5347
- Services: breakfast service, case management, clothing closet, showers/bathroom services, pantry services, rental and utility assistant program (over the phone)
- Food
- Wilshire Boulevard Temple
- 3663 Wilshire Boulevard, Los Angeles, CA. 90005
- Phone: 213-388-2401
- Silver Lake Community Church
- 2930 Hyperion Avenue., Los Angeles, CA. 90010
- Phone: 323-663-3151
- Our Lady Queen of Angels Catholic Church
- 535 North Main Street, (cross street- Cesar Chavez)., Los Angeles, CA. 90012
- Phone: 213-629-3101
- Sova- Community Food and Resource Program
- 1140 North La Brea Avenue, West Hollywood, CA. 90038
- Phone: 818-988-7682
- Food Net- Centro Maravilla
- 4716 East Cesar Chavez Avenue, Los Angeles, CA. 90022
- Phone: 323-260-2805
- Sova – Community Food and Resource Program
- 8846 West Pico Boulevard, Los Angeles, CA. 90035

· Phone: 818-988-7682

Service Planning Area 5: West (includes Beverly Hills, Brentwood, Culver City, Malibu, Pacific Palisades, Playa del Rey, Santa Monica, and Venice.)

· Food

· St. Augustine's SAVES- Saint Augustine's Volunteer

· Emergency Services

· 3820 Jasmine Avenue, Culver City, CA. 90232

· Phone: 310-838-2702

· St. Anne's Church and Social Services

· 2013 Colorado Avenue, Santa Monica, CA. 90232

· Phone: 310-829-4411

· WSFB – St. Joseph's Center

· 204 Hampton Drive, Venice, CA. 90291

· Phone: 310-396-6468

Service Planning Area 6: South (includes Athens, Compton, Crenshaw, Florence, Hyde Park, Lynwood, Paramount, and Watts.)

· Food

· Food Net - East Rancho Dominguez

· 4513 East Compton Boulevard, Compton, CA. 90221

· Phone: 310-603-7401

· Shields for Families-Social Service Agency–Food Bank

· 11705 Deputy Yamamoto Place, Lynwood, CA. 90262

· Phone: 323-242-5000

· Paramount Care Foundation

- 8303 Alondra Boulevard, Paramount, CA. 90723
- Phone: 562-272-7647
- LYNWOOD UNIFIED SCHOOL DISTRICT
- Lynwood High School
- 4050 E Imperial Hwy, Lynwood, CA 90262
- In the back of the campus, off of Harris St. Drive up/walk up
- Firebaugh High School
- 5246 Martin Luther King Jr. Blvd, Lynwood, CA 90262
- Front parking lot drive up/walk up
- Cesar Chavez Middle School
- 3898 Abbott Rd, Lynwood, CA 90262
- Front parking lot drive up/walk up
- Rosa Parks Elementary
- 3900 Agnes Ave, Lynwood, CA 90262
- Parking lot drive up/walk up
- Helen Keller Elementary
- 3521 Palm Ave, Lynwood, CA 90262
- Student drop off area drive up/walk up

Service Planning Area 7: East (includes Artesia, Bell, Bellflower, Bell Gardens, Cerritos, City of Commerce, City Terrace, Cudahy, Downey, East Los Angeles, Hawaiian Gardens, Huntington Park, La Habra Heights, Lakewood, La Mirada, Los Nietos, Maywood, Montebello, Norwalk, Pico Rivera, Santa Fe Springs, Signal Hill, South Gate, Vernon, Walnut Park, Whittier, and others.)

- Food
- Food Pantry – LAX

· 355 East Beach Street (Between – LaBrea and Centinela Streets), South Gate, CA. 90280

· Phone: 310-677-5597

· Hawaiian Gardens Food Bank

· 21411 Norwalk Boulevard, Hawaiian Gardens, CA. 90716

· Phone: 562- 860-9097

· Southeast Churches Service Center

· 2780 East Gage Avenue, Huntington Park, CA. 90255

· Phone: 323-585-8254

· St Mary's Place

· 7215 Newlin Avenue, Whittier, CA. 90602

· Phone: 562-698-0107

Service Planning Area 8: South Bay (includes Athens, Avalon, Carson, Catalina Island, El Segundo, Gardena, Harbor City, Hawthorne, Inglewood, Lawndale, Lennox, Long Beach*, Hermosa Beach, Manhattan Beach, Palos Verdes Estates, Rancho Dominguez, Rancho Palos Verdes, Redondo Beach, Rolling Hills, Rolling Hills Estates, San Pedro, Wilmington, and others.)

* City of Long Beach has its own Health Department

· Food

· Toberman Neighborhood Center

· 131 N. Grand Ave., San Pedro CA 90230

· WSFB –Salvation Army

· 324 E. Queen Street, Inglewood, CA. 90301

· Phone: 310-677-3375

· Helping In Services, Inc.

· 1535 Gundry Avenue, Long Beach, CA. 90813

- Phone: 562-591-8778
- St Margaret's Center
- 10217 Inglewood Avenue, Lennox, CA. 90304
- Phone: 310-672-2208

Services/Issues/Other

Utilities

- Southern California Energy Responds to COVID-19 Emergency, Suspends Service Disconnections
<https://www.businesswire.com/news/home/20200313005559/en/SCE-Responds-COVID-19-Emergency-Suspends-Service-Disconnections>
- Southern California Gas will not disconnect services to customers who can't pay bills amid coronavirus outbreak
<https://www.google.com/amp/s/ktla.com/news/local-news/socalgas-will-not-disconnect-services-to-customers-who-cant-pay-bills-amid-coronavirus-outbreak/amp/>
- SPECTRUM Internet- offering 60 days of free wifi for low income families.
<https://www.google.com/amp/s/amp.fdlreporter.com/amp/5042351002>
- Verizon will help customers and small businesses disrupted by impact of coronavirus
<https://www.verizon.com/about/news/verizon-help-customers-and-small-businesses>
- Charter COMCAST - Free Internet Service for Households with Children - to enroll: 844.488.8395
- Los Angeles Department of Water & Power still offering payment plan and suspending utility shut off for March (for now) A Message from LADWP Regarding Power and Water Service During Coronavirus/COVID-19 Pandemic

WIC Services

- WIC clinics under South Los Angeles Health Projects, PHFE, Watts Health Foundation, Pasadena, Long Beach, Antelope Valley, and Northeast Valley Health Corporation will remain open. WIC offices will remotely be issuing participants food benefits onto their WIC cards to avoid families from going out. For those families that have not yet gotten the new WIC card and wish to locate the nearest WIC clinic to them please call or visit the following websites for further guidance and assistance:
- South Los Angeles Health Projects <http://www.slahp.org/wic-centers-by-city/> 310-661-3080

- PHFE <https://www.phfewic.org/> 888-942-2229
- Watts Health Foundation <https://www.wattshealth.org/wic-program/> 323-564-4331
- Pasadena
https://www.cityofpasadena.net/public-health/wic/?gclid=Cj0KCQjwx7zzBRCCARIsABPRscPNVndmcMPfCt-2boLex6qoP0uvyd45EMPsy2dKITghITKPR8glwOcaAvQhEALw_wcB
626-744-6520
- Long Beach <http://www.longbeach.gov/health/healthy-living/individual/wic/> 562-570-4242
- Antelope Valley https://www.wicprograms.org/li/antelope_valley_lancaster_wic_93534
661-949-5805
- Northeast Valley Health Corporation <https://nevhc.org/wic/>
818-340-3570

Mental Health

- Los Angeles County Department of Mental Health
- Access Center 24/7 Helpline
- (800) 854-7771
- (562) 651-2549 TDD/TTY · <https://dmh.lacounty.gov>
- Sliding scale clinics that provide low fee psychotherapy:
- Wright Institute Los Angeles (West LA)
11845 W Olympic Blvd #505W, Los Angeles, CA 90064
424-371-5191 Wila.org
- Maple Center- Beverly Hills (They see kids and adults)
9107 Wilshire Blvd, Beverly Hills, CA 90210 (310) 271-9999
- Southern California Counseling Center (mid city)
5615 W Pico Blvd, Los Angeles, CA 90019 (323) 937-1344
- Rose City Counseling Center (Pasadena)

595 E Colorado Blvd #418, Pasadena, CA 91101 (626) 793-8609

Domestic Violence

If you are concerned about being quarantined in an unsafe home situation or need help, all DV shelter resources are generally available on: domesticshelters.org. The National Domestic Violence Hotline is also available 24/7 at 1-800-799-7233 (SAFE) or 1-800-787-3223 (TTY)

· Sojourn Domestic Violence Services: A shelter on the Westside of LA. While support groups are not available at this time, their hotline is always open 24/7 for safety planning and peer counseling. They are also still accepting clients into our shelters. Their hotline number is 310-264-6644. (For more information, [click here!](#))

Child Support Services

All Los Angeles County Child Support Services (CSS) locations are closed to the public effective Monday, March 16th until further notice. (For more information, [click here for English](#) and [click here for Spanish!](#))

· Court Dates: All court cases will be continued to a new date. If you have an upcoming court date, you will receive a letter informing you of your new court date. If you have questions please call our Customer Contact Center at (866) 901-3212 or check our website (cssd.lacounty.gov) for more information.

Services for Current and Former Substance Users · Online Alcoholics Anonymous Intergroup Meetings

Other Resources · Mutual Aid and Advocacy Resources Google Doc · Mutual Aid Application (Volunteers) · Toolkit to deal with anxiety/stress from impacts of the virus

'Senior Shopping Hour' Grocery Stores Vallarta Supermarkets Special Hour <---- Click on the link for more info - Closest store to USHS is: 655 N Fair Oaks Ave, Pasadena CA 91103 Starts Wednesday, 3/18/20, 7 to 8 AM, "65+, pregnant women, and those disabled" NOTE: All Vallarta Supermarket Locations will be doing this. Over 20+ locations in Socal (Majority reside in SPA 2, but there are locations in Pasadena, Baldwin Park, Whittier, East Los Angeles, and Downey as well) _____ Super A

Foods 'Senior Shopping Hour' <---- Click on link for more info - Closest store to USHS is: 5250 York Blvd, Highland Park, CA 90042 Starts Tuesday, 3/17/20, 7 to 8AM, "65+ Seniors Only" 8 locations across Socal, but majority are in SPA's 4,6 and 7, with the exception of one location in Temple city

Grocery Outlet Altadena - "Senior Shopping Hour" <---- Click on the link to see more info 2270 Lake Ave, Altadena, CA 91001 Starts Thursday, 3/19/20, 7 - 8 AM, "60+ Seniors Only"